

PRIMARY CURRICULUM SUMMARY

WHAT CHILDREN LEARN IN RELATIONSHIPS AND HEALTH EDUCATION

KEEPING CHILDREN SAFE

- The names of parts of the body (Science and Relationships Education)
- That some parts of their body are private – the areas covered by pants and vest. (Relationships Education)
- That people can behave and dress differently in public and private places. (Relationships Education)
- That they should always tell an adult they trust if someone touches a private part of their body without their agreement. (Relationships Education)
- How to build confidence in asking for help (Relationships Education)

UNDERSTANDING ABOUT FAMILIES AND RELATIONSHIPS

- That families differ in lots of ways and that not every family will be like theirs (Relationships Education)
- That all parents and families must look after their children to keep them happy and healthy. (Relationships Education)
- That bullying is never okay and how to get help. (Relationships Education)
- That pressurising people to do things they don't want to do is not okay and how to get help if it happens. (Relationships Education)

UNDERSTANDING BODY CHANGES

- That our bodies change as they reach puberty, but that changes happen at different rates for different people. (Health Education)
- About the ways in which girls' and boys' bodies change and how their brains and emotions are affected by puberty. (Health Education)
- That as bodies change, we need to learn new ways to look after them and keep them clean. (Health Education)
- Describe the changes as humans develop to old age (Science)

UNDERSTANDING ABOUT BABIES

- Describe the life processes of reproduction in some plants and animals (this doesn't include humans) (Science)
- That animals, including humans, have offspring which grow into adults (Science)
- That human babies grow inside their mothers until they are born. (Science)
- **That human babies begin when a male seed and female egg join together. (Sex Education)
- **About human sexual reproduction (Sex Education)

**this learning is part of Sex Education and parents have the right to withdraw their children from this part at primary school.