

Relationships Education and Health Education

In school we aim to help children to learn to respect themselves and others and move safely and confidently from childhood, through adolescence, into adulthood. We deliver much of this work through Relationships Education and Health Education, which are statutory parts of the broader subject, PSHE. As part of our programme we provide Relationships and Sex Education (RSE). This programme begins as soon as children arrive in school and continues until the end of secondary school.

We are very aware that the Relationships and Sex Education we deliver in school is only a small part of children's learning about their bodies, keeping safe, emotions, relationships and themselves. The majority of children's learning in this area takes place with you at home.

The work in our 'Growing and Changing' topic forms part of an ongoing programme of Relationships and Sex Education which we deliver throughout the school. Most of our learning in our 'Growing and Changing' topic is part of Science, Relationships Education and Health Education which is (from September 2020) compulsory.

In EYFS and Key Stage 1 (Reception, Year 1 and Year 2)

As part of our work in PSHE, we will be learning about families, friends, growing up and our bodies.

A very important part of the work will be to make sure all the children understand that the parts of their bodies under their pants and vest are private. We will learn about trusted adults to talk to and how to get help.

We will be learning that humans have children who grow into adults and special ways our families look after us as we grow.

We will also be learning how amazing our bodies are and how to look after our bodies and keep them clean and healthy.

Key Stage 2 (Year 3, Year 4, Year 5 and Year 6)

As part of our work in PSHE we will be learning more about families, growing up, our growing and changing bodies and how to look after them.

A very important part of the work will be to make sure all the children understand that the parts of their bodies under their pants and vest are private. We will learn about trusted adults to talk to and how to get help.

We will be learning about how our bodies change as we get older and how to manage these changes and keep our bodies clean and healthy.

Children will also think about how their friendships and responsibilities might change as they get older, how their feelings and emotions might change and how to ask for help if they need it.

Children will also learn about how babies are made and born and about how parents in all families love and care for their children.

We have carefully reviewed the resources we use to support our teaching, to ensure they are appropriate to the age and needs of the children.

You may be aware that you have the right to withdraw your child from the elements of our programme defined as 'Sex Education'. Our school policy explains that this is learning about human conception and birth (how human babies are made and born).

There are no elements of sex education taught in Reception.

In Key Stage 1 there is no learning about how humans reproduce, but children will learn that animals have offspring – cats have kittens, cows have calves and humans have babies – this is part of Science.

There are no elements defined as sex education in Y3.

In Year 4, we teach that babies are made from a seed and an egg (but not how these join together).

There are no elements defined as sex education in Y5.

In Year 6, we teach about human sexual reproduction, how the sperm and egg join together and the ways babies are born.

There are no elements of non-statutory sex education taught in Reception, Year 1, Year 2, Year 3 and Year 5.

Please contact the [Head Teacher](#) if you would like to discuss this. If you would like to discuss any issues relating to our work on RSE, or to find out more about the lessons, please contact [a member of staff](#).